



Semaine Nationale des Cyclos Cardiaques DAMVIX (85)

(Journées Maxime Brégeron)

CAP SUR LA ROCHELLE

Circuit A

LOCALITES Lieux-dits Croisements de routes	ROUTES	KM Part.	KM TOTAL	Observations
DAMVIX	D104 / D102	0.0	0.0	
ARÇAIS	D115	4.0	4.0	
ST-GEORGES-DE-REX	D180	4.0	8.0	
MAUZÉ-SUR-LE-MIGNON	D119	10.5	18.5	
ST-PIERRE-D'AMILLY	V	3.5	22.0	
LA REVÉTIZON	V	2.5	24.5	
CHAILLÉ	V / D911	5.0	29.5	
SURGÈRES	D107 / D205E4 / D108	4.0	33.5	
VIRZON	D108 / D112	13.5	47.0	
SAINT-CHRISTOPHE	D112	5.0	52.0	
FONTPATOUR	D112	4.0	56.0	
VÉRINES	D109	2.5	58.5	
NUAILLÉ D'AUNIS	D207 / V	5.0	63.5	
FERRIÈRES	D116 E1	7.0	70.5	
COURÇON	D116E2	5.0	75.5	
ST-HILAIRE-LA-PALLUE	D101	8.5	84.0	
ARÇAIS	D102 / D104	5.0	89.0	
DAMVIX		4.0	93.0	Dénivelé : 294 m

Circuit B

LOCALITES Lieux-dits Croisements de routes	ROUTES	KM Part.	KM TOTAL	Observations
DAMVIX	Idem circuit A	0.0	0.0	
SURGÈRES	D115	33.5	33.5	
D115 X D116	D116	11.0	44.5	
BENON	D116	4.5	49.0	
COURÇON	Idem circuit A	4.0	53.0	
DAMVIX		17.5	70.5	Dénivelé : 258 m

Circuit C

LOCALITES Lieux-dits Croisements de routes	ROUTES	KM Part.	KM TOTAL	Observations
DAMVIX	Idem circuit A	0.0	0.0	
MAUZÉ-SUR-LE-MIGNON	D262	18.5	18.5	
CRAMCHABAN	D262 / V / D114	6.5	25.0	
COURÇON	Idem circuit A	6.5	31.5	
DAMVIX		17.5	49.0	Dénivelé : 107 m