

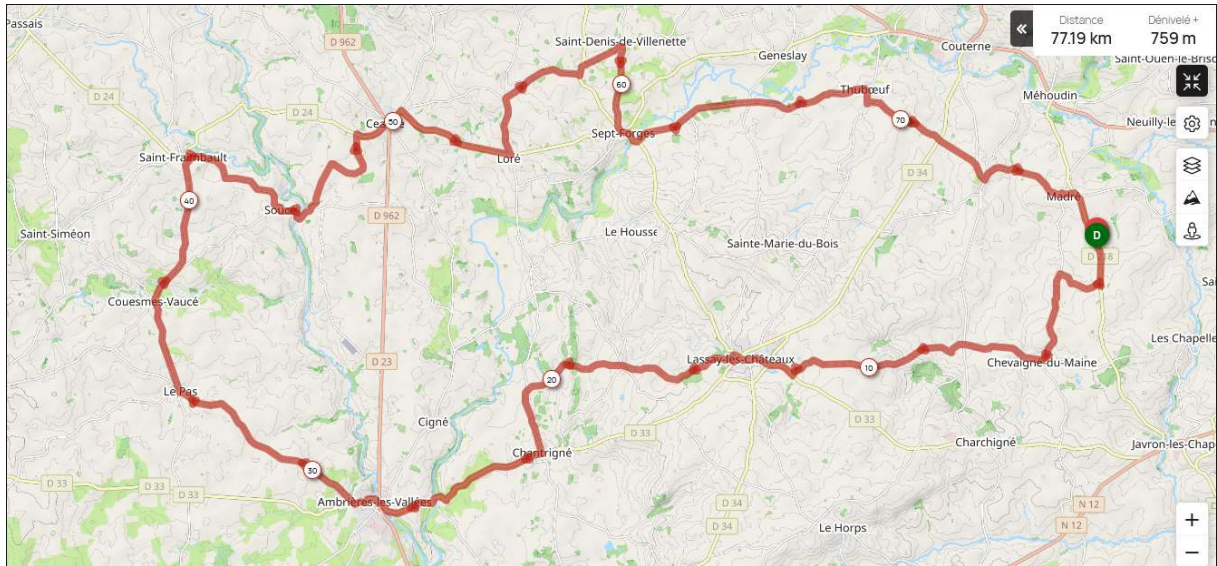
**Circuit du Séjour Madré**  
**Du lundi 22 au vendredi 26 mai 2023**

<b><u>Nom du parcours</u></b>	<b><u>Identifiant Openrunner</u></b>	<b><u>Kilométrage</u></b>	<b><u>Dénivelé</u></b>	<b><u>Départ/ Arrivée</u></b>
<b><u>G</u></b> <b><u>Mard</u></b> <b><u>77k</u></b>	<b><u>15354038</u></b>	<b><u>77,2</u></b>	<b><u>759</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>M</u></b> <b><u>Mard</u></b> <b><u>67k</u></b>	<b><u>15353908</u></b>	<b><u>66,4</u></b>	<b><u>609</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>P</u></b> <b><u>Mard</u></b> <b><u>46k</u></b>	<b><u>15353830</u></b>	<b><u>45,8</u></b>	<b><u>384</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>G</u></b> <b><u>Mer</u></b> <b><u>Les</u></b> <b><u>aval 76k</u></b>	<b><u>15353753</u></b>	<b><u>76,1</u></b>	<b><u>1040</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>M</u></b> <b><u>Mer</u></b> <b><u>Les</u></b> <b><u>aval 59k</u></b>	<b><u>16342273</u></b>	<b><u>59,7</u></b>	<b><u>747</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>P</u></b> <b><u>Mer</u></b> <b><u>Les</u></b> <b><u>aval 50k</u></b>	<b><u>15985082</u></b>	<b><u>49,2</u></b>	<b><u>647</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>G</u></b> <b><u>Jeu</u></b> <b><u>70k</u></b>	<b><u>15349298</u></b>	<b><u>70,1</u></b>	<b><u>710</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>M</u></b> <b><u>Jeu</u></b> <b><u>54k</u></b>	<b><u>15352155</u></b>	<b><u>54,2</u></b>	<b><u>554</u></b>	<b><u>Madré/ Madré</u></b>
<b><u>M</u></b> <b><u>Jeu</u></b> <b><u>49k</u></b>	<b><u>15352261</u></b>	<b><u>48,2</u></b>	<b><u>462</u></b>	<b><u>Madré/ Madré</u></b>

# Mardi

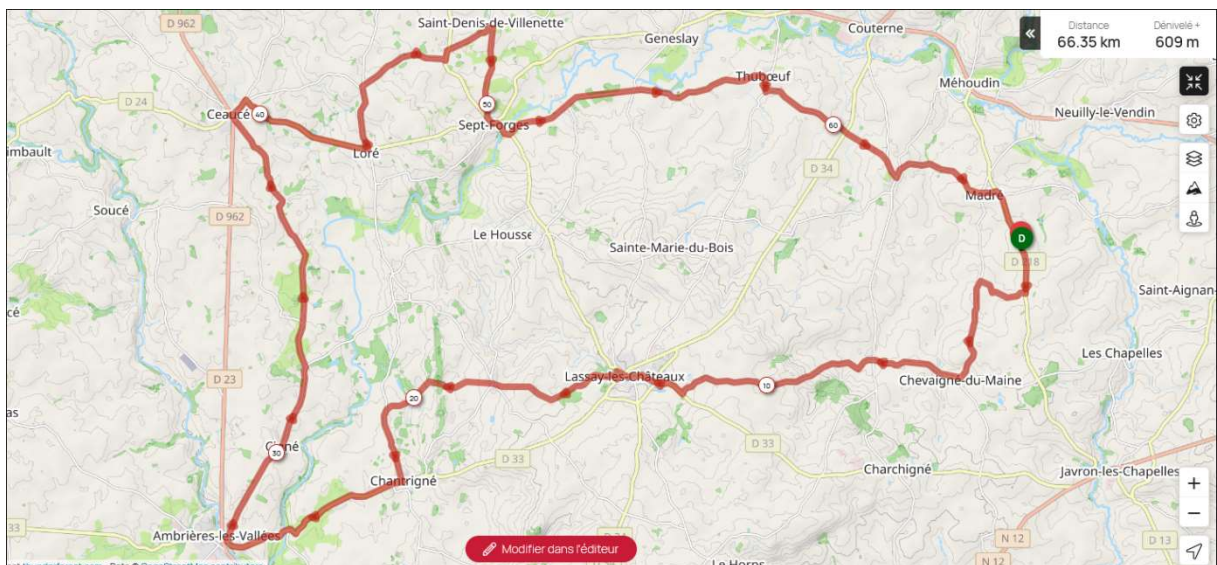
## Grand Mardi 77km

**G Mard 77k** identifiant : <https://www.openrunner.com/route-details/15354038>



## Moyen Mardi 67km

**M Mard 67k** identifiant : <https://www.openrunner.com/route-details/15353908>



## Petit Mardi 46 km

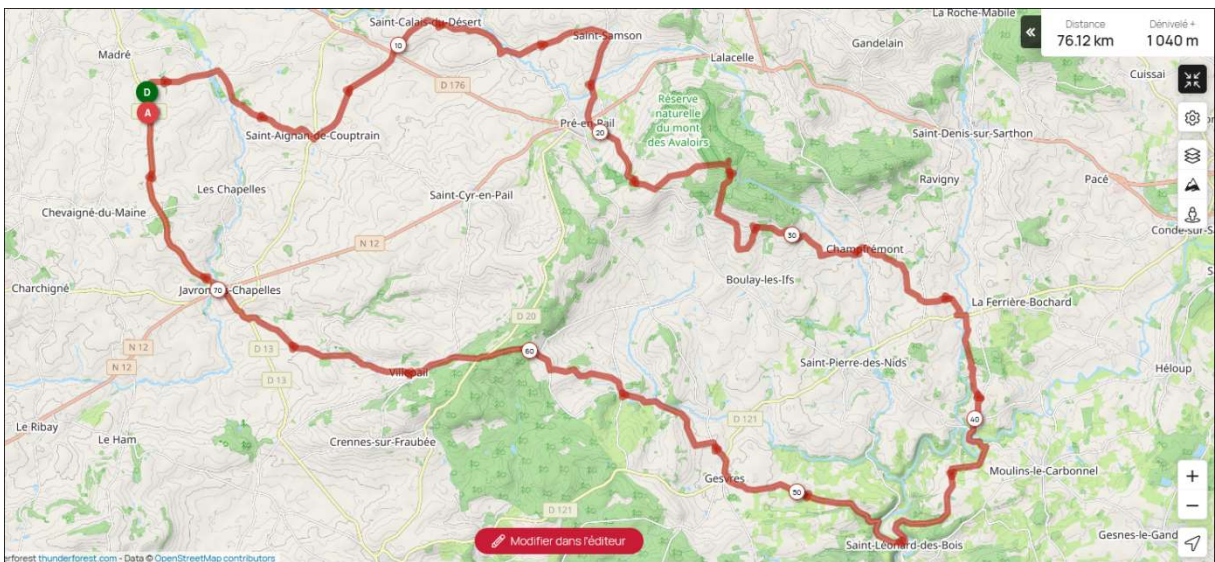
**P Mard 46 k** identifiant : <https://www.openrunner.com/route-details/15353830>



## Mercredi

### Grand Mercredi 76km

**G Mer Aval 76k** identifiant : <https://www.openrunner.com/route-details/15353753>



## Moyen Mercredi 59km

**M Mer les Aval 59k** identifiant :

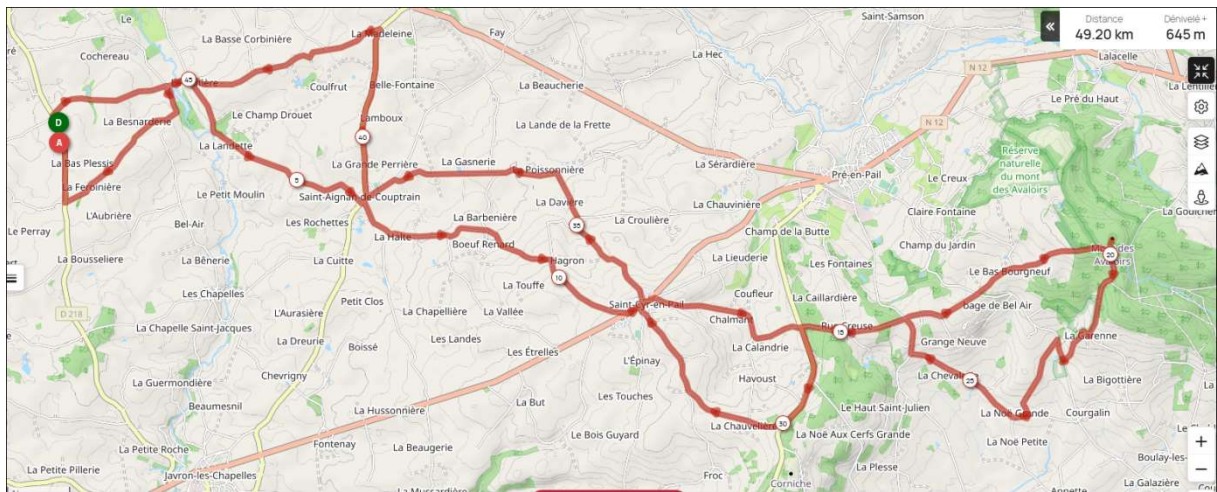
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## Moyen Mercredi 59km

**P Mer les Aval 50k** identifiant :

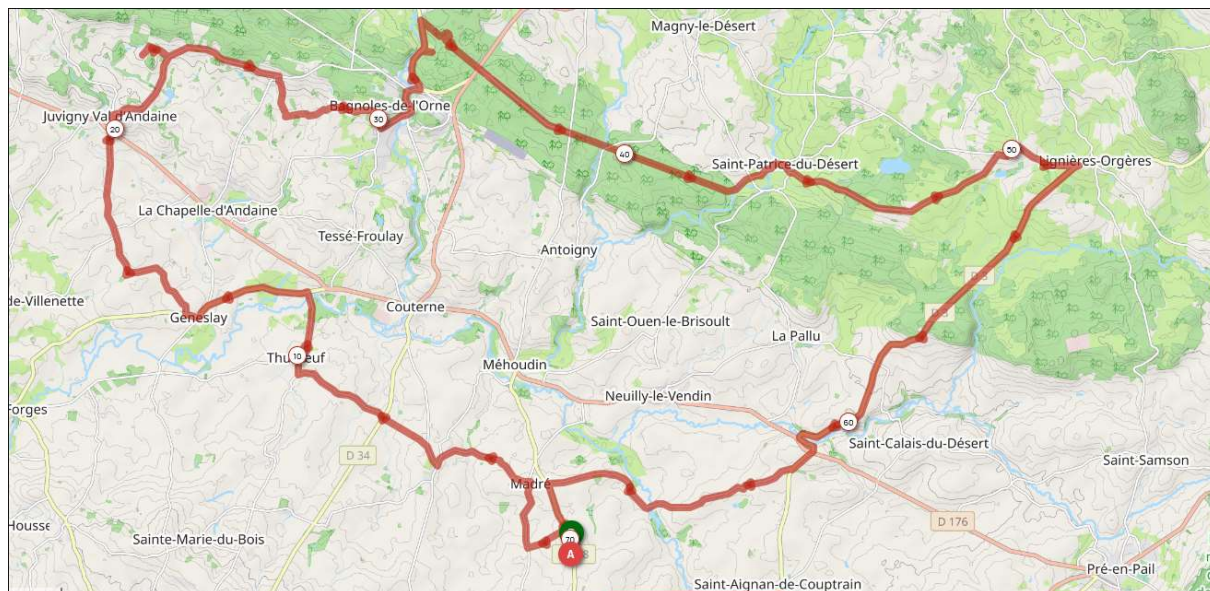
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# Jeudi

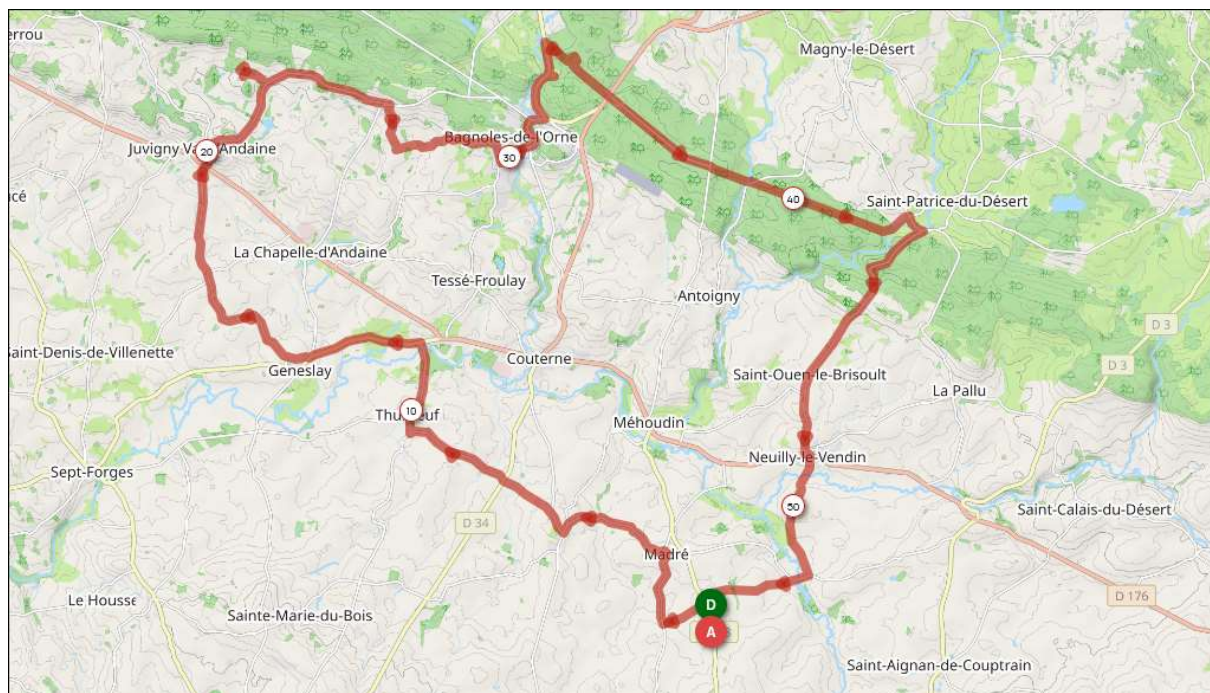
## Grand Jeudi 76km

**G Jeu 70 k** identifiant : <https://www.openrunner.com/route-details/15349298>



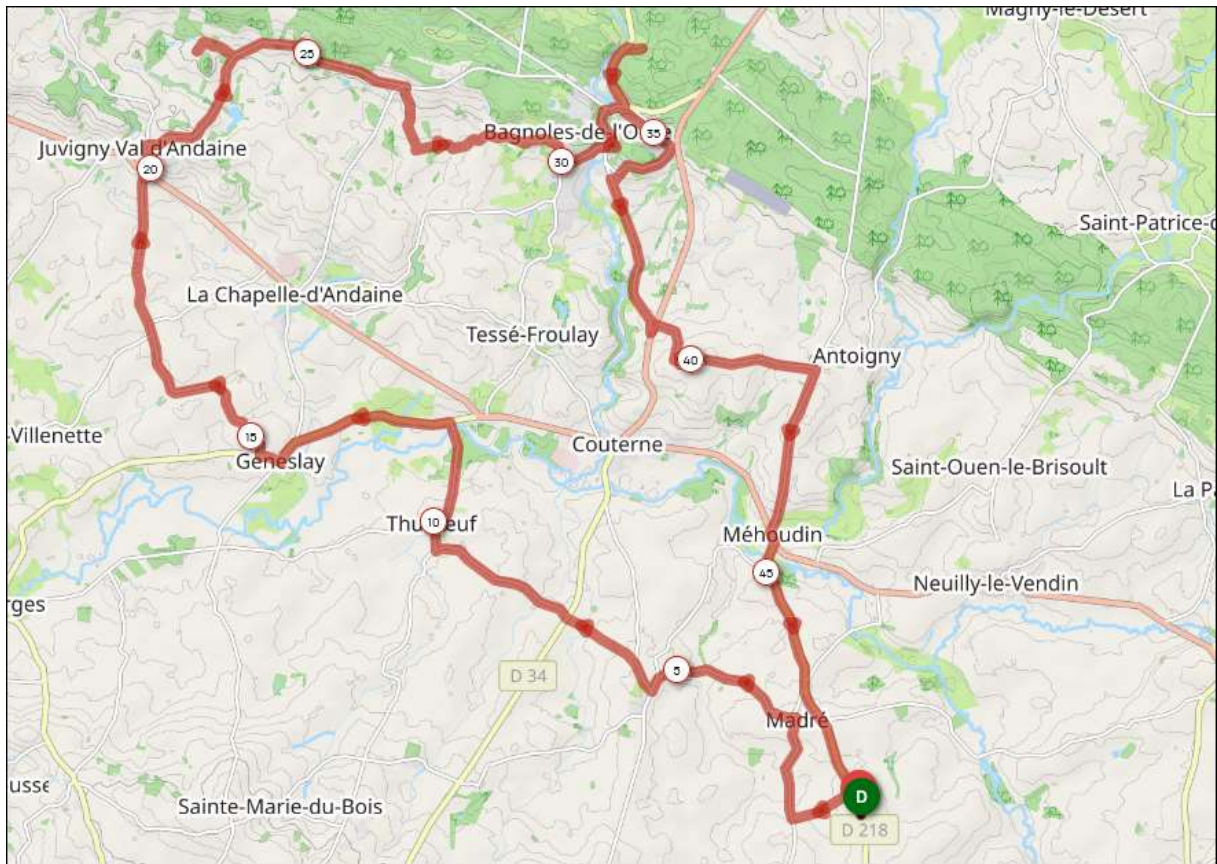
## Moyen Jeudi 54 km

**M Jeu 54 k** identifiant : <https://www.openrunner.com/route-details/15352155>



## Petit Jeudi 49 km

**P Jeu 49 K** identifiant : <https://www.openrunner.com/route-details/15352261>



**Vendredi Départ**